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The official language of the Journal is American (US) English.

IJOT welcomes submissions of original scientific research papers, review papers, case reports, preliminary articles, editorials, and specialist issue editorials, on all aspects of occupational therapy. It also includes publication of book reviews & letters to the editor.

The conference (OTICON) abstracts (of oral and e-poster: research papers only), will be published every year in IJOT - Issue 2: April-June.

IJOT - Issue 4: October-December will be the specialty edition every year based on specialty theme pre-decided by the editorial board. This Issue will also include guest editorial solicited to an experienced researcher in the pre-decided theme.

IJOT welcomes contributions/announcements on news, academic events and information related to occupational therapy, allied healthcare and rehabilitative aspects, from all over the world.

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2	India	Single Issue	INR 800.00	INR 750.00	INR 1500.00
3	India	Single Article	INR 350.00	INR 250.00	INR 500.00
4	India	Article Re-Print (For Authors: For Each Reprint)	INR 200.00		
5	Foreign	Annual Subscription: Individual (Four/Issues per Year)	US \$ 150.00	US \$ 125.00	US \$ 250.00
	Foreign	Annual Subscription: Institutional (Four/Issues per Year)	US \$ 300.00	US \$ 250.00	US \$ 500.00
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7	Foreign	Single Article	US \$ 20.00	US \$ 15.00	US \$ 30.00
8	Foreign	Article Re-Print (For Authors: For Each Reprint)	US \$ 10.00		

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EDITORIAL

OTICON' 2019 and the All India Occupational Therapists' Association's Forthcoming Academic Activities in 2019–2020

Anil K. Srivastava

1

ORIGINAL ARTICLES

To Investigate the Association between Sleep and Happiness among Nurses with Different Personality Traits: A Cross-Sectional Study

Sushant Deepak Sarang, Rakesh Bharat Shitole, Arthi Govardhan Karnam

3

Occupational Therapists' Perception of Efficacy of Sensory Integration in Tamil Nadu, India: A Statewide Survey

Karthik Mani

8

Visual-Perceptual Training for Handwriting Legibility and Speed in Children with Handwriting Difficulties: A Single-Arm Interventional Study

Pooja Pankaj Mehta, Hemant Parshuram Nandgaonkar

14

Severity of Cerebral Palsy and its Impact on Level of Stress in the Caregivers: A Correlational Study

Kiran Kriti, Ankita Pradhan, Saba Tufel

21

Biofeedback as an Adjunct to Conventional Stress Management and Relaxation Techniques in Substance Abuse Disorders: A Randomized Controlled Interventional Study

Anand Manohar Ghadse, Lokesh Kumar Ranjan, Pramod Ramlakhan Gupta

26

CASE REPORT

Play-Based Occupational Therapy Intervention on Social Skills in Children with Autism Spectrum Disorder and Attention Deficit Hyperactivity Disorder: A Case Series

Kinkuri Sahib Kaur, Ranjit Pathak

31

NEWS AND INFORMATION

37

AIOTA AWARDS 2019

Following were conferred with the All India Occupational Therapists' Association (AIOTA) Awards during the inaugural function of OTICON'2019 at Chandigarh on 8th February, 2019 for their meticulous achievements for the growth of occupational therapy (OT) and the exemplary services for AIOTA.

Life Time Achievement Award: Dr. Vijay G. Bodhankar (Hyderabad), Formerly Vice President of AIOTA and Convener Hyderabad Branch of AIOTA.

Professional Excellence Award:

1. Dr. Subrata Kumar Halder (Cuttack)
2. Dr. Punita V. Solanki (Mumbai)
3. Dr. Sanjeev N. Padankatti (Vellore)

Young OT Achiever Award: Dr. Joseph Sunny (Cochin).

FELICITATION OF HEALTHCARE FACULTY AT OTICON'2019

The Key Note Speaker Dr. Dimitrios Mylonadis, Fellow of the Royal Society of Medicine, CEO and Clinical Director, Hopscotch Children's Therapy Centre and a Faculty in the Child and Family Practice, London; Guest Speakers Dr. Rehab Zaytoun, MD, a Faculty at Fayoum University, Egypt; Dr. Alok Sharma, MS, MCH, Director and Consultant NeuroGen Brain and Spine Institute, Navi Mumbai; and Dr. Uday Govindrao Bodhankar, MD from Nagpur, Ex National President, Indian Academy of Pediatrics were also felicitated on the occasion.

OTICON'2019: WINNERS OF TROPHIES

Following members were adjudged best for their scientific presentations under specified categories of awards during the 56th annual national conference of the AIOTA at Chandigarh in February 2019.

Members' Category

1. **Kamala V. Nimbkar Trophy** for Best Scientific Paper
Dr. Taslina Abdul Kader, Mumbai
2. **AIOTA Trophy** for Best Scientific Paper in Neuroscience
None
3. **Vijay Suple Trophy** for Best Scientific Paper in Mental Health
Dr. Rakesh B. Shitole, Mumbai
4. **Gazala Makda Trophy** for Best Scientific Paper in Pediatrics
Dr. Kinkuri Sahib Kaur, New Delhi
5. **M. M. Sangoi Trophy** for Best Scientific Paper on Ergonomics, Environment and Access
Dr. Grace Elizabeth Muppidi, Vellore
6. **KEM OT Youth Talent Trophy** for Best Scientific Paper by an occupational therapist graduated after 1st January, 2014 (on any Topic)

7. **Dr. S. Sakthi Srija**, Coimbatore
AIOTA Trophy for Best ePoster
Dr. Soumyakanta Sahu, Bangalore
8. **N. Swaroop Trophy** for Best Innovative Technology
Dr. Shailaja Sandeep Jaywant, Mumbai
9. **Best Delegate OTICON'2019 Award/Kaun Banega Delegate of OTICON'2019:** By Kerala Branch of AIOTA
Dr. Avipsa Patra, Cuttack.

Students' Category

1. **AIOTA Trophy for Best Poster: Theme:** Innovations in OT Practice
1st Prize: PDUNIPPD, New Delhi
2nd Prize: Goa Medical College, Goa
3rd Prize: TNMC and BYL Nair Hospital, Mumbai
2. **AIOTA Trophy for Innovative Technology (IT): Theme:** Cost-Effective Therapeutic Media: Indian Context
1st Prize: Goa Medical College, Goa
2nd Prize: Seth GSMC and KEM Hospital, Mumbai
3rd Prize: TNMC and BYL Nair Hospital, Mumbai
3. **AIOTA Trophy for Best Street Play: Theme:** Skill India: OT Perspective
1st Prize: TNMC and BYL Nair Hospital, Mumbai
2nd Prize: Government Medical College, Nagpur
3rd Prize: Goa Medical College, Goa
4. **Best Student Delegate of OTICON'2019 Award/Brainvita Quiz Contest:** By Karnataka Branch of AIOTA
PDUNIPPD, New Delhi (Agrima Aggarwal and Ankit Kumar)
5. **Gold Medal Award for Best OT Graduates of 2018 Candidate Graduated in the Year 2018:** By Odisha Branch of AIOTA
Kajol Poladia, GSMC, KEM Hospital, Mumbai

Submitted By

Dr. Punita V. Solanki

Chairperson, Scientific Program Committee, OTICON'2019

Email: scientific.oticon2019@gmail.com, orthorehab.punita@gmail.com

OTICON'2020 MUMBAI

The 57th annual national conference of the AIOTA will be organized as a gala meet at Mumbai to commemorate the Platinum (70th Year) Jubilee of OT School and Center, Seth G S Medical College and KEM Hospital Mumbai. The dates and venue will be announced soon. Dr. Jayashri S. Kale, Professor and Head, OT School at KEM Hospital, Mumbai and EC Member, ACOT is the Organizing Secretary and Dr. Amitabh K. Dwivedi, Professor and Dean, Jaipur OT College and EC Member, AIOTA is the Chairman, Scientific Program Committee, OTICON'2020.

AIOTA ELECTIONS 2020: ONLINE VOTING

Members of the AIOTA, elect their office bearers once in four years. This year 2019-2020 turns to be an election year to elect its next executive body for the period 2020-2024. General body meeting held at Chandigarh on 9th February, 2019 decided to conduct this year election as paper-free, online voting to facilitate involvement of more members to be active in the election process. The AIOTA is in the process of getting proposals for developing an application to enable online voting process. Online voting may enable all the members to cast their vote, and voting process will be validated through one time password (OTP) sent to mobile/email.

The AIOTA requests all its members to update their email address and contact number in the AIOTA's membership directory, using member login page of the AIOTA website (www.aiota.org) before 31st May, 2019. Only members who have updated their details, will be able to cast their vote in the election process. Chairman, Election Committee may be contacted for further information on the election process.

Dr. Lakshmanan Sethuraman

Chairman, AIOTA Elections Committee
Bangalore

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IJOT SPECIALITY EDITION 2019

The theme for specialty edition of IJOT 2019, Volume 51, Issue 4 (October - December) for the year 2019 is “**Musculoskeletal Sciences and Work Rehabilitation**”. IJOT editorial board invites original research articles, review articles and/or case report in the field of Musculoskeletal and Hand Rehabilitation, and Work Rehabilitation based on Ergonomic Principles, from authors across the globe, on or before 31st July, 2019. We encourage amateur as well as experienced authors to gear-up to be featured in the specialty edition of 2019 as research authors. Contact Dr. Punita V. Solanki, Associate Editor, IJOT at Email: asso_editor@ijotonweb.org for more information.

INTERNATIONAL CHAPTER OF AIOTA

International Chapter of the AIOTA was inaugurated during OTICON'2018 at Nagpur. The website of International Chapter was launched during the inaugural function of OTICON'2019 at Chandigarh, after a brief introduction from Dr. Vijay Suple (Windsor, Canada), Coordinator of the International Chapter of the AIOTA. For more information, visit the website: www.international-aiota.org

ERGONOMIC CERTIFICATION BY THE AIOTA

Ergonomic certification by the AIOTA has become mandatory in government tenders, for seating and other furniture ranges. Now many of the major furniture industries are regularly approaching the AIOTA for issuance of certification for ergonomic suitability of their products. The certification is

issued after fulfilling the requisite guidelines, followed by inspection by the nominated two member's team of experts in ergonomics.

AWARDS AND HONORS TO MEMBERS OF AIOTA

Recognition as Top 10 Reviewer by Slack Publication

Dr. Anjali S. Joshi, Formerly Director OT Training, Umeed Child Development Center, Mumbai, is awarded as the top 10 Reviewer for the year 2018 by Annals of International Occupational Therapy, in recognition of quality, quantity and timelines of reviews for the journal.

WHF Emerging Leader Award 2018

Dr. Sureshkumar K. from Wellcome Trust - DBT India Alliance, Fellow and Assistant Professor Indian Institute of Public Health, Hyderabad is honored with WHF Emerging Leader Award 2018, in June, 2018 at Duke Kunshan University, China.

RULA Award

Rula International Innovation and Betterment Excellence in Technical Research has honored **Dr. Amitabh Kishor Dwivedi**, Professor and Dean Jaipur OT College, and Jaipur and EC Member AIOTA, with an Award of Innovative Scientist in Occupational Therapy in November, 2018 at Trichy, Tamil Nadu.

Elected as Chairperson of Business Bay Society, Navi Mumbai

Vice President, AIOTA **Dr. Shashi Oberai**, is unanimously elected as Chairperson of Business Bay Society of Kamdhenu Realities, Nerul, Navi Mumbai. AIOTA's National Headquarter is also on the 8th Floor of the Business Bay.

WFOT BULLETIN SPECIAL ISSUE ON SUSTAINABILITY - CALL FOR ARTICLES

The World Federation of Occupational Therapists (WFOT) invites submissions for the WFOT Bulletin Special Issue on Sustainability, April 2020. The deadline for submissions is: 1st October 2019.

The research, theoretical or case report manuscripts that reflect:

- The practical effectiveness of occupational therapy interventions in modifying occupational lifestyles for the sake of eco-sustainability (high priority for research papers)
- Why sustainability is a relevant topic in occupational therapy
- How occupational therapy practitioners can work with interested occupational therapy service users to facilitate sustainable occupational lifestyles.

Occupational therapy practitioners have always recognized the importance of the environmental context on occupational performance and subsequently on human health and well-being. Concerns about the environmental influence on

occupational performance, health, and well-being makes sustainability a core topic for occupational therapy practitioners. May submit articles to the WFOT Bulletin at www.wfot.link/bulletinsubmission by 1st October 2019.

EVENTS BY ACADEMIC COUNCIL OF OCCUPATIONAL THERAPY

For more information on forthcoming academic events, write to Dr. Jyothika N. Bijlani, Dean ACOT, at Email: deanacot@aiota.org

THE AIOTA'S 3RD ANNUAL FELLOWSHIP ON MUSCULOSKELETAL REHABILITATION AND ERGONOMICS, INDIA (FAOT: Msk & E, INDIA) 2019

The AIOTA's annual nine-month fellowship program in Advanced Occupational Therapy: Musculoskeletal Rehabilitation and Ergonomics, India, 2019, by the Academic Council of Occupational Therapy (ACOT) is all set to begin in September, 2019 with renowned faculties from India and overseas. The Fellowship is solely intended to enhance the knowledge base of dynamic post graduates in the field of occupational therapy (OT) in the assessment, SMART goal setting, treatment planning, implementation of treatments for musculoskeletal i.e. upper body (hand), lower body and spinal dysfunctions in adults and children, and their continual follow-up assessments for prognostication and return to participation in occupational roles and responsibilities. This course will provide an opportunity to imbibe practical knowledge in the subject through didactic as well as web-based learning, thereby, strengthening the clinical practice in the light of advanced techniques and current evidence.

ADVANCED OCCUPATIONAL THERAPY COURSE IN MUSCULOSKELETAL AND NEURO REHABILITATION

Jupiter Hospital, Thane, Maharashtra in collaboration with the ACOT, AIOTA is organizing 12-week Advance OT Certificate course on Musculoskeletal and Neurorehabilitation from 6th April to 29th June, 2019 at Jupiter Hospital, Thane. Dr. Amit R. Dhumale, Consultant, Neurorehab Department is the course director and Dr. Priya Tawde, Senior Occupational Therapist, Jupiter Hospital is the course coordinator. The course is open for occupational therapists with minimum Bachelor in OT qualification from AIOTA accredited institution.

CONTINUING OT EDUCATION (COTE) PROGRAMS OT Courses.com

OTcourses.com, a US based company has collaborated with the AIOTA to introduce online home study continuing

OT education courses, of high academic excellence on affordable prices for members of the AIOTA on vivid areas of OT Practice. May visit website of OT Courses.com or contact by Email info@OTcourses.com for information on courses.

PAMOT as an Adjunct to OT

The Advanced Certificate Course on physical agent modalities as an adjunct to OT was successfully organised by Uttar Pradesh Branch of the AIOTA in collaboration with ACOT, AIOTA, Santosh OT College, Ghaziabad and OT Unit of GIPMER, New Delhi from 29th March to 31st March, 2019. It was attended by 53 participants. Dr. Shivani Bhardwaj, EC Member, Uttar Pradesh Branch, AIOTA and Assistant Professor, Santosh OT College, Ghaziabad, was the Organising Convener and Dr. Neeraj Mishra, EC Member, AIOTA and Occupational Therapist at GIPMER, New Delhi, was the Co-Organising Convener of this well organized COTE. President, AIOTA Dr. Anil K. Srivastava was also present during the inaugural function.

Introduction to Office Ergonomics: Module 1

The ACOT is organising advanced certificate course on Office Ergonomics: Module 1 from 20th to 21st April, 2019 at LTM Medical College and LTM General Hospital, Mumbai. Dr. Bharti Jajoo from Bangalore, is the expert faculty for this long awaited academic event being organised by the AIOTA for the first time.

Splinting in Neuro Rehabilitation

One-day workshop on Splinting in Neuro Rehabilitation is being organised by the ACOT on 22nd June, 2019, at G B Pant Institute of Postgraduate Medical Education and Research (GIPMER), New Delhi. Dr. Shovan Saha, EC Member, ACOT (Manipal) is the Chief Resource Faculty and Dr. Raj Kumar Sharma, EC Member, AIOTA (Ghaziabad) is the Associate Faculty for this workshop. For more information and registration write to Dr. Jyothika N. Bijlani, Dean, ACOT and/or Dr. Neeraj Mishra, Coordinator at Email: neeraj_1_ot@yahoo.co.in

Hands-On Techniques in Motor Re-Education

One-day workshop on Hands-On Techniques in Motor Re-Education is being organised by the ACOT on 23rd June, 2019, at G B Pant Institute of Postgraduate Medical Education and Research (GIPMER), New Delhi. Dr. Maya Nanavati, Senior Occupational Therapist at Sir H. N. Hospital, Mumbai, is the Resource Faculty for the topic "Advanced Proprioceptive Neuromuscular Facilitation Techniques" and Dr. Kavita Mahamankar, Occupational Therapist, Chaitanya Institute of Human Excellence, Mumbai, and MOHO Research Associate, Chicago, USA, is the Resource Faculty for the topic "Advanced Neuro Developmental Techniques" for this workshop. For more information and registration write to Dr. Jyothika N. Bijlani, Dean, ACOT and/or Dr. Neeraj Mishra, Coordinator at Email: neeraj_1_ot@yahoo.co.in OR aiotafellowship2018@gmail.com



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Call for Registration

AIOTA's 3rd Annual Fellowship in Advanced Occupational Therapy 2019-2020

Academic Council of Occupational Therapy (ACOT) is inviting members to enroll for AIOTA's 3rd Annual Fellowship in **Advanced Occupational Therapy: Musculoskeletal Rehabilitation & Ergonomics (MSK & E)** from September, 2019 to June, 2020.

The nine months live & online program is aimed to enhance the knowledge base of India's dynamic postgraduates in the field of occupational therapy (OT) in musculoskeletal rehabilitation & ergonomics

Objectives

After the candidate has successfully completed the nine months of fellowship program he/she would be able to Emerge as a sound researcher and an occupational therapy practitioner as well as manager with specialised skills in musculoskeletal rehabilitation & ergonomics

Eligibility

- Masters in Occupational Therapy in Musculoskeletal Sciences and Hand Rehabilitation
- Masters in Occupational Therapy (any speciality) with minimum of 3 years of experience with handling adult and children with musculoskeletal and hand conditions.
- Life member of AIOTA
- Letters of endorsement/recommendation (minimum 2) from AIOTA member OT professionals. If employed in any government/private institution, permission letter from the head of the institution is mandatory.

Administrative Committee

Organizing Chairman: Dr. Anil K. Srivastava, President, AIOTA & Executive Chairman, ACOT

Organizing Convener: Dr. Jyothika N. Bijlani, Dean, ACOT

Financial Advisor: Dr. Pratibha M. Vaidya, Treasurer, AIOTA

Coordinators: Dr. Neeraj Mishra, Dr. Shriharsh S. Jahagirdar & Dr. Lakshmanan Sethuraman

Advisory Board & Key Resource Faculty Members

Dr. Shovan Saha, Manipal & Dr. Punita V. Solanki, Mumbai

Mentors & Faculty

National & international mentors & faculties with rich experience in the field of occupational therapy, specifically in area of musculoskeletal and hand rehabilitation

Contact Details

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Email: aiotafellowship2019@gmail.com * **Website:** www.aiota.org



Call for Advertisements in the Indian Journal of Occupational Therapy

The Indian Journal of Occupational Therapy (IJOT) Invites Prospective Advertisers

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2. IJOT is published four times in a year, effective since January, 2017.
3. Currently Volume 51 Issue 1: January-March, Year 2019 is in process. Advertisement will be considered for inclusion in Issue 2: April-June onwards.

Please Note

1. Size of publication: 8.5" X 11" (A-4 Size)
2. No provision of four color printing except cover pages.
3. Advertisement tariff may be requested from **Dr. Nitesh Kumar Shrivastav, Assistant Editor Subscription, IJOT**

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AIOTA Certification for Ergonomically Designed Products The Regulations (2019-2020)

Classified Title Ranges for Ergonomic Certification

- Seating Systems: Office Chair and Executive Chair Ranges
- Educational Furniture
- Household Furniture
- Chemical Laboratory Systems
- Healthcare Furniture Range
- Any other Furniture Range

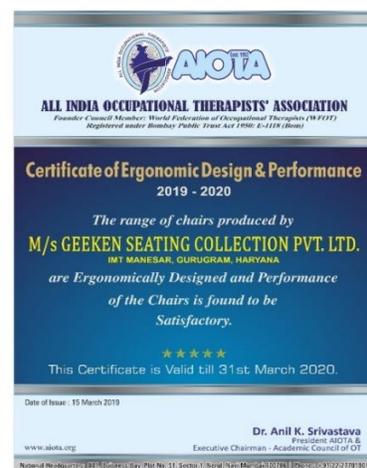
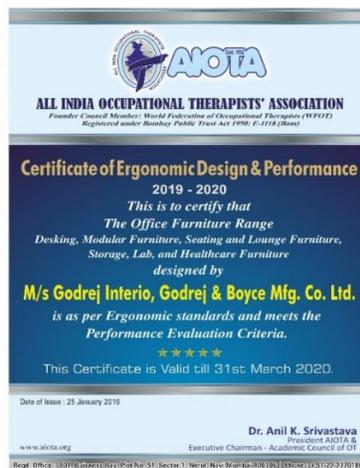
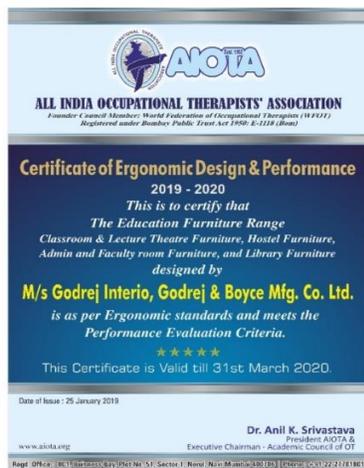
Certification Process Information

- Organization shall submit application after registration, with technical details of each product(s) / ranges requiring to be assessed by the designated committee, to President, AIOTA.
- President, AIOTA will appoint an Expert Committee of two members. The committee will carry out spot inspection of the product ranges (requested for certification for their ergonomic suitability).
- If recommended by the inspection committee, the approval will be granted for certification.
- **Validity of certification:** The certification for ergonomic suitability in the name of each product range will be issued for a period of one year.
- Renewal of AIOTA certification may be issued for subsequent years for the certified products, with conditions specified as above, except re-inspection, provided, there is no further inclusion in the list of products requiring certification.
- AIOTA certification will be only for the ergonomic suitability and has nothing to do as regards to quality of the materials used in production.
- AIOTA will not object to use of its certificate and/or name of AIOTA, for promotion of the products and /or commercial promotion of the organization during the period of certification.
- AIOTA reserves the right to inspect whether the certificate is used for the assessed product(s) only & AIOTA may initiate legal action for misuse & inappropriate use of its certificate & may also blacklist the company.
- AIOTA would provide its platform to the organization on priority, during its annual national conference with international participation.
- AIOTA reserves the right to revise the regulations as and when required.

The decision of President, AIOTA in all respect shall be final and binding.

For Registration, queries /information if any, President, AIOTA may be contacted at president@aiota.org

AIOTA has approved, endorsed and certified the education furniture range and office furniture range of M/S Godrej Inetrio, Godrej & Boyce Manufacturing Company Limited and the range of chairs produced by M/S Geeken Seating Collection Private Limited for the year 2019-2020 and many more are in process of certification.



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<http://www.journalonweb.com/ijoth>

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- On successful submission you will receive an acknowledgement quoting the manuscript ID

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Online submission checklist

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- Article File (rtf/doc/docx file) - text of the article, beginning from Title, Abstract till References (including tables). File size limit 4 MB. Do not include images in this file.
- Images (jpg/jpeg/png/gif/tif/tiff): Submit good quality colour images. Each image should be less than 10 MB) in size
- Upload copyright form in .doc / .docx / .pdf / .jpg / .png / .gif format, duly signed by all authors, during the time mentioned in the instructions.

Help

- Check Frequently Asked Questions (FAQs) on the site
- In case of any difficulty contact the Associate Editor

The All India Occupational Therapists' Association

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January-March 2019 | Vol 51 | Issue 1

[Table of Contents](#) [RSS](#)

Editorial

OTICON® 2019 and the all India occupational therapists' association's forthcoming academic activities in 2019–2020

The All India Occupational Therapists' Association (AIOTA), and its constituent body, the Academic Council of Occupational Therapy (ACOT), has been striving hard since its inception in 1983, for...

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Original Article

To investigate the association between sleep and happiness among nurses with different personality traits: A cross-sectional study

Background: Sleep and happiness play an important role in the functioning of a person. This study investigated the association between sleep and happiness among nurses and also studied if ind...

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Original Article

Occupational therapists' perception of efficacy of sensory integration in Tamil Nadu, India: A Statewide Survey

Background: Perception regarding efficacy of any intervention may influence clinical reasoning and treatment choice. Despite the fact that the current evidence on the effectiveness of sensory...

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Original Article

Visual-perceptual training for handwriting legibility and speed in children with handwriting difficulties: A single-arm interventional study

Background: Empirical evidence relation motor-free visual-perception (VP) skills and



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